

liveThePark

Itineraries to discover the Cinque Terre trails



DEPARTURE: Corniglia

STARTING POINT: Corniglia

MEANS OF TRANSPORTATION TO REACH THE STARTING POINT:

Bus from the train station (free with Cinque Terre Card):

7.00am, 8.00am, 8.15am, 8.40am, 9.00am, 9.15am, 9.40am, 10.15am, 10.40am

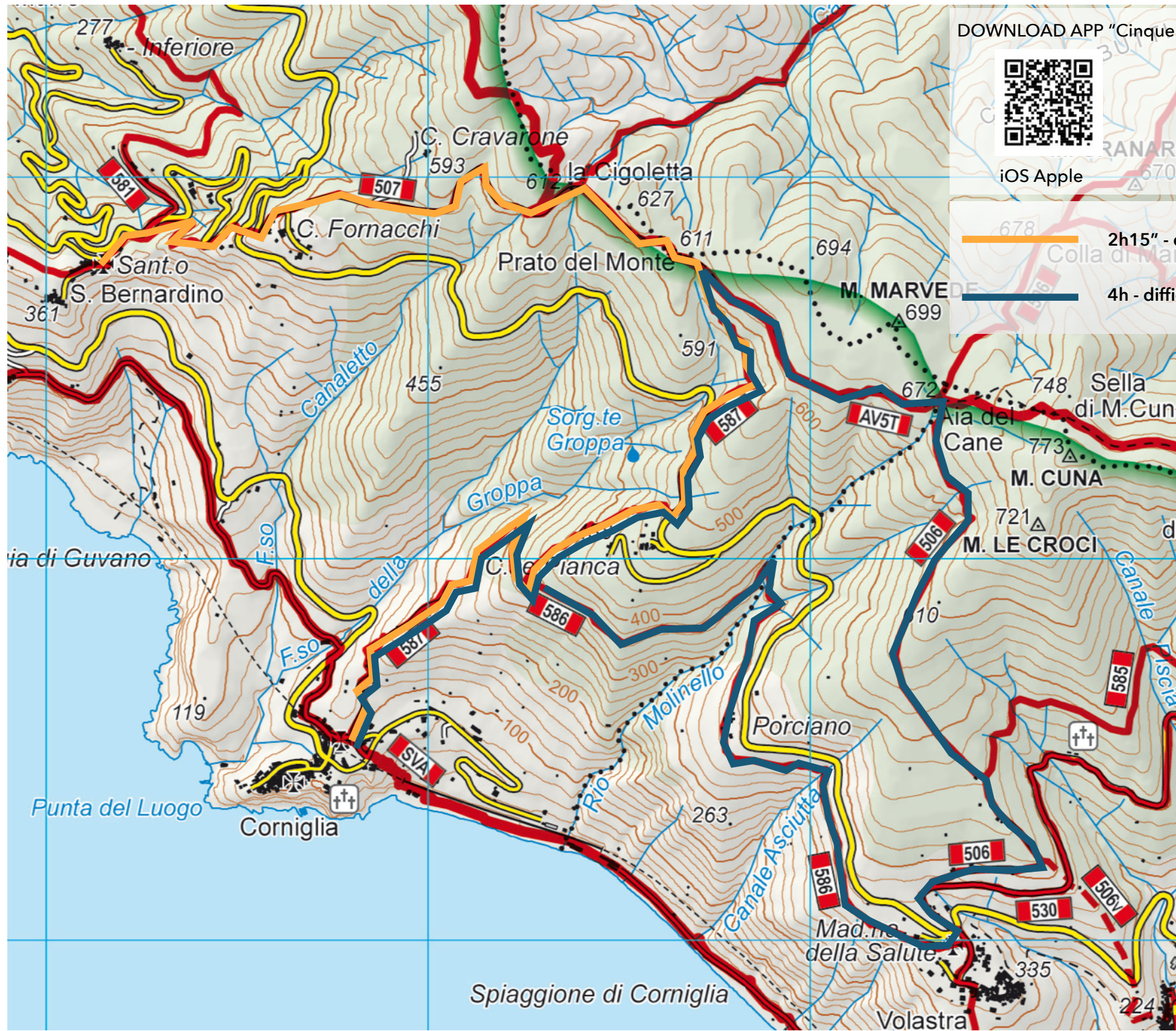
Services that can be found in San Bernardino and Volastra:

Water point (San Bernardino, Volastra), bar and restaurant (Volastra)

How much time do you have?

2 hours and 15" (ORANGE trail): Starting point is from Corniglia, reachable by bus (bus that you takes at Corniglia train station). Trail 587 starts behind the Parish Church and goes up leaving the village behind. You cross the junction with path 586 and you get to a short stretch along the provincial road. The path turns right and takes over the holm oak and chestnut woods. You arrive at the crossroads with the AV5T in the "Piana di Corniglia". From here you take the AV5T for a few hundred meters. Then you go down along the path 507, passing the village of Fornacchi. The descent leads finally to the Sanctuary of San Bernardino (Corniglia) where there is the possibility to return to Vernazza, in about 10 minutes, by bus (times: 12.45, 15.45, 18.15, 19.45).

4 hours (BLU trail): The starting point is from Corniglia, reachable by bus (bus that you can takes at Corniglia train station). Trail 587 starts behind the Parish Church and goes up leaving the village behind. You cross the junction with path 586 and you get to a short stretch along the provincial road. The path turns right and takes over the holm oak and chestnut woods. You arrive at the crossroads with the AV5T in the "Piana di Corniglia". From here take the path towards Portovenere up to the crossroads where you take the 506 downhill to Volastra. Once in Volastra there is the possibility of refreshment and take the bus to Manarola (ree with Cinque Terre Card - times: 5.00pm, 5.45pm, 6.15pm, 6.45pm, 7.15pm, 7.40pm). Continue on foot taking trail 586 to Case Pianca: the stretch is very suggestive passing through vineyards still cultivated. At the crossroads, take the path 587 downhill towards the village of Corniglia.



DOWNLOAD APP "Cinque Terre Hiking Guide"



iOS Apple



Android

2h15" - difficulty EE - 4,5 km

4h - difficulty EE - 8,5 km