













SEPTEMBER

1ST GUIDED TOUR OF MONTEROSSO

Meeting with the guide at Cinque Terre Point Monterosso Train Station - h: 10,45 AM

2ND guided guided tour of vernazza

Meeting with the guide at Cinque Terre Point Vernazza Train Station - h: 10.45 AM

3RD GUIDED EXCURSION* MANAROLA-VOLASTRA-CORNIGLIA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 8.30 AM

4TH GUIDED TOUR OF CORNIGLIA

Meeting with the guide at Cinque Terre Point Corniglia Train Station - h: 10.45 AM

5TH GUIDED TOUR OF MANAROLA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 10.45 AM

6TH GUIDED EXCURSION* LEVANTO-MESCO-MONTEROSSO

Meeting with the guide at Cinque Terre Point Levanto Train Station - h: 8.45 AM

7TH GUIDED TOUR OF RIOMAGGIORE

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.45 AM

8TH GUIDED TOUR OF MONTEROSSO

Meeting with the guide at Cinque Terre Point
Monterosso Train Station - h: 10.45 AM

9TH GUIDED TOUR OF MANAROLA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 10.45 AM

10TH GUIDED TOUR OF VERNAZZA

Meeting with the guide at Cinque Terre Point Vernazza Train Station - h: 10.45 AM

11TH GUIDED TOUR OF CORNIGLIA

Meeting with the guide at Cinque Terre Point Corniglia Train Station - h: 10.45 AM

12TH GUIDED EXCURSION* LEVANTO-MESCO-MONTEROSSO

Meeting with the guide at Cinque Terre Point Levanto Train Station - h: 8.45 AM

13TH GUIDED EXCURSION* MANAROLA-VOLASTRA-CORNIGLIA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 8.30 AM

14TH GUIDED TOUR OF MANAROLA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 10.45 AM

15TH GUIDED EXCURSION* CORNIGLIA-VERNAZZA (SVA)

Meeting with the guide at Cinque Terre Point Corniglia Train Station - h: 10.30 AM CINQUE TERRE CARDS OWNERS ONLY

16TH GUIDED EXCURSION* MANAROLA-VOLASTRA-CORNIGLIA

Meeting with the guide at Cinque Terre Point Manarola Train Station - h: 10.30 AM

17TH GUIDED TOUR OF RIOMAGGIORE

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.45 AM

18TH GUIDED TOUR OF MONTEROSSO

Meeting with the guide at Cinque Terre Point Monterosso Train Station - h: 10.45 AM

19TH GUIDED EXCURSION* RIOMAGGIORE-BECARA-MANAROLA

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.30 AM EXPERT HIKERS ONLY













20TH GUIDED TOUR OF RIOMAGGIORE

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.45 AM

21ST GUIDED TOUR OF VERNAZZA

Meeting with the guide at Cinque Terre Point Vernazza Train Station - h: 10.45 AM

22ND guided tour of corniglia

Meeting with the guide at Cinque Terre Point Corniglia Train Station - h: 10.45 AM

23RD GUIDED EXCURSION with bus* MONTEROSSO-SOVIORE-MONTEROSSO

Meeting with the guide at Cinque Terre Point Monterosso Train Station - h: 8.20 AM

24TH GUIDED EXCURSION* LEVANTO-MESCO-MONTEROSSO

Meeting with the guide at Cinque Terre Point Levanto Train Station - h: 10.30 AM

25TH GUIDED EXCURSION* CORNIGLIA-VERNAZZA (SVA)

Meeting with the guide at Cinque Terre Point Corniglia Train Station - h: 10.30 AM CINQUE TERRE CARDS OWNERS ONLY

26TH GUIDED TOUR OF MANAROLA

Meeting with the guide at Cinque Terre Point
Manarola Train Station - h: 10.45 AM

27TH GUIDED EXCURSION* MANAROLA-VOLASTRA-CORNIGLIA

Meeting with the guide at Cinque Terre Point

Manarola Train Station - h: 10.30 AM

28TH GUIDED TOUR OF RIOMAGGIORE

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.45 AM

29TH GUIDED TOUR OF MONTEROSSO

Meeting with the guide at Cinque Terre Point Monterosso Train Station - h: 10.45 AM

30TH GUIDED EXCURSION* RIOMAGGIORE-BECARA-MANAROLA

Meeting with the guide at Cinque Terre Point Riomaggiore Train Station - h: 10.30 AM EXPERT HIKERS ONLY

APPROPRIATE FOOTWEAR IS RECOMMENDED

In case of bad weather the tours/excursion could be cancelled

INFO & BOOKING

visiteguidate@ati5terre.it TEL +39 0187 743500

*OPTIONAL WINE TASTING FOR A FEE -RESERVATION REQUIRED

In collaboration with: Azienda Agricola Burasca,
Azienda Agricola Cheo, Azienda Agricola Forlini
Capellini, Azienda Agricola Luciano Capellini,
Azienda Agricola Pecunia Andrea, Azienda Agricola
Possa, Azienda Agricola Riccardo Fino, Azienda
Agricola Terra di Bargon, Azienda Agricola Vetua,
Azienda Begasti, Azienda Burasca, Azienda
Campogrande, Azienda Giuliani e Pasini, Azienda
Vinicola Prima Terra, Azienda Vinicola Polenza,
Cantina Crovara, Cantina Dei Tobioli, Cantine Litan,
Cantina Sassarini, Cooperativa Agricola Cinque
Terre, Società Agraria Buranco.

THE TOURUS/EXCURSION ARE FREE FOR 5 TERRE

CARD OWNERS

AND COST €2,50 FOR THE NON-OWNERS.